

V. L. E. King Saul: A Biblical Example

1 Samuel 13 & 15

Then Samuel went to Saul, and Saul said to him, "Blessed are you of the LORD! I have performed the commandment of the LORD." But Samuel said, "What then is this bleating of the sheep in my ears, and the lowing of the oxen which I hear?"

1 Samuel 15:13-14

The Verbal Logical Explainer (V. L. E.) is that function of the brain that orients us to our current circumstances. In other words, it tells us who we are, where we are, what we are doing at any given moment. It has a crucial role to play in our day to day living. However, the V. L. E. does not discern truth from lies; it just does its explaining based on the information it has. For instance, if we put in the truth, truth will come out. If we believe a lie, it will produce a lie. When we are triggered back to an unhealed "kid place", the V. L. E. performs its function by applying the lies and distortions of that childhood memory into the current situation. To the triggered person, these explanations of their situation feel 100% true and reasonable. In reality, these V. L. E. confabulations don't belong or fit. To the hearer, they are obviously untrue and sometimes seem irrational, ridiculous or even outrageous. V. L. E.'s often come in a series. When one is discovered, the triggered person will come up with another V. L. E. and then another trying to explain the misplaced thoughts and feelings coming from the past. V. L. E.'s can take the form of lies, accusations, various defenses, confusion, false recollections, demands of innocence, feigned honor and obedience, personal attacks, denials, excuses, false explanations and other nonsensical nonrelational justifications. The triggered person is unable to hear truth and respond appropriately. As David did in Psalm 139, we must present ourselves to Immanuel for Him to search our hearts and heal us. This takes courage, humility and capacity. As Jesus takes us back to that memory (or memories), He shows us the truth of His Loving Presence and brings us to healing. The healed person's V. L. E. will now work from the truth, producing truth.

[Saul's V. L. E. Confabulations in the following chapters are indicated in bold.]

1 Samuel 13

vv. 8-9 Then he Saul waited seven days, according to the time set by Samuel. But Samuel did not come to Gilgal; and the people were scattered from him. So Saul said, "Bring a burnt offering and peace offerings here to me." And he offered the burnt offering.

v. 10 Now it happened, as soon as he had finished presenting the burnt offering, that Samuel came; and Saul went out to meet him, that he might greet him.

v. 11 And Samuel said, "What have you done?" And Saul said, "**When I saw that the people were scattered from me**, and

[that] **you did not come within the days appointed**, and

[that] **the Philistines gathered together at Michmash**,

v. 12 then I said, 'The Philistines will now come down on me at Gilgal, and I have not made supplication to the LORD.' **Therefore I felt compelled**, and offered a burnt offering."

vv. 13-14 And Samuel said to Saul, "You have done foolishly. You have not kept the commandment of the LORD your God, which He commanded you. For now the LORD would have established your kingdom over Israel forever. "But now your kingdom shall not continue. The LORD has sought for Himself a man after His own heart, and the LORD has commanded him [to be] commander over His people, because you have not kept what the LORD commanded you."

1 Samuel 15

vv. 1-3 Samuel also said to Saul, "The LORD sent me to anoint you king over His people, over Israel. Now therefore, heed the voice of the words of the LORD. "Thus says the LORD of hosts: 'I will punish Amalek [for] what he did to Israel, how he ambushed him on the way when he came up from Egypt. 'Now go and attack Amalek, and utterly destroy all that they have, and do not spare them. But kill both man and woman, infant and nursing child, ox and sheep, camel and donkey.'"

vv. 7-9 And Saul attacked the Amalekites, from Havilah all the way to Shur, which is east of Egypt. He also took Agag king of the Amalekites alive, and utterly destroyed all the people with the edge of the sword. But Saul and the people spared Agag and the best of the sheep, the oxen, the fatlings, the lambs, and all [that was] good, and were unwilling to utterly destroy them. But everything despised and worthless, that they utterly destroyed.

vv. 10-12 Now the word of the LORD came to Samuel, saying, "I greatly regret that I have set up Saul [as] king, for he has turned back from following Me, and has not performed My commandments." And it grieved Samuel, and he cried out to the LORD all night. So when Samuel rose early in the morning to meet Saul, it was told Samuel, saying, "Saul went to Carmel, and indeed, he set up a monument for himself; and he has gone on around, passed by, and gone down to Gilgal."

vv. 13-14 Then Samuel went to Saul, and Saul said to him, "Blessed [are] you of the LORD! **I have performed the commandment of the LORD.**" But Samuel said, "What then [is] this bleating of the sheep in my ears, and the lowing of the oxen which I hear?"

v. 15 And Saul said, "**They have** brought them from the Amalekites; **for the people spared** the best of the sheep and the oxen, to sacrifice to the LORD your God; and the rest we have utterly destroyed."

vv. 16-19 Then Samuel said to Saul, "Be quiet! And I will tell you what the LORD said to me last night." And he said to him, "Speak on." So Samuel said, "When you [were] little in your own eyes, [were] you not head of the tribes of Israel? And did not the LORD anoint you king over Israel? "Now the LORD sent you on a mission, and said, 'Go, and utterly destroy the sinners, the Amalekites, and fight against them until they are consumed.' "Why then did you not obey the voice of the LORD? Why did you swoop down on the spoil, and do evil in the sight of the LORD?"

vv. 20-21 And Saul said to Samuel, "**But I have obeyed** the voice of the LORD, and gone on the mission on which the LORD sent me, and brought back Agag king of Amalek; I have utterly destroyed the Amalekites. **"But the people took of the plunder,** sheep and oxen, the best of the things which should have been utterly destroyed, to sacrifice to the LORD your God in Gilgal."

vv. 22-23 Then Samuel said: "Has the LORD [as great] delight in burnt offerings and sacrifices, As in obeying the voice of the LORD? Behold, to obey is better than sacrifice, [And] to heed than the fat of rams. For rebellion [is as] the sin of witchcraft, And stubbornness [is as] iniquity and idolatry. Because you have rejected the word of the LORD, He also has rejected you from [being] king."

vv. 24-25 Then Saul said to Samuel, "I have sinned, for I have transgressed the commandment of the LORD and your words, **because I feared the people and obeyed their voice.**" Now therefore, please pardon my sin, and return with me, that I may worship the LORD."

vv. 26-29 But Samuel said to Saul, "I will not return with you, for you have rejected the word of the LORD, and the LORD has rejected you from being king over Israel." And as Samuel turned around to go away, [Saul] seized the edge of his robe, and it tore. So Samuel said to him, "The LORD has torn the kingdom of Israel from you today, and has given it to a neighbor of yours, [who is] better than you. "And also the Strength of Israel will not lie nor relent. For He [is] not a man, that He should relent."

vv. 30-31 Then he said, "I have sinned; [yet] **honor me now, please, before the elders of my people and before Israel, and return with me,** that I may worship the LORD your God." So Samuel turned back after Saul, and Saul worshiped the LORD.

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