

## Immanuel Approach Conference, Intermediate-Advanced Topics

**Karl D. Lehman M.D.**

**Sept 14-15, 2018**

[www.immanuelapproach.com](http://www.immanuelapproach.com) [www.immanuelapproach.com]

### **Where:**

Church of the Resurrection  
935 W Union Ave, Wheaton, IL 60187

### **When:**

Sept 14 & 15: (Friday & Saturday)



### **What:**

If you are planning to attend this *intermediate-advanced* Immanuel Approach conference, you already know that the foundation for the Immanuel Approach is helping the person receiving to establish an interactive connection with the living presence of Jesus. You already know that the Immanuel Approach is unusually safe, gentle, effective, and transferrable. You also already know that one can learn the basic Immanuel Approach principles and tools in a matter of hours, but that it takes a lifetime to master the intermediate and advanced principles and tools. In this conference, Dr. Lehman will provide teaching and modeling regarding intermediate-advanced principles and tools for indentifying and resolving blockages when recipients are having difficulty connecting with Jesus, for other troubleshooting challenges, for identifying and resolving confusion, accidental counterfeits, and deliberate counterfeits that contaminate connections with Jesus, and for using the Immanuel Approach safety nets in difficult situations. Dr. Lehman will also talk about recipients who have trouble finding positive memories, he will describe how to care for dissociative parts who are pretending to be Jesus, and he will share new insights regarding how to avoid destroying your ministry or causing other harm due to inappropriate relationships. There will be some time for Q&A (as much as we can possibly squeeze in).

**Cost:** \$199 early registration, \$239 regular registration. Snacks and Friday lunch included.

**For more information (including information regarding local accommodations) and online registration:** <https://deeperwalkinternational.org/immanueltraining/>

### **Who should attend:**

- Christian lay people. For mature believers who already have some training and experience with the Immanuel Approach, and who already have a good awareness of your own emotional and spiritual strengths and weaknesses – the intermediate-advanced principles and tools presented in this conference will help you keep moving forward, with respect to both your own healing and growth and your ministry to others.

- People in ministry. The primary objective of the Immanuel approach to life is improving the depth and quality of our connection with God, and the Immanuel approach to emotional healing is the easiest, safest, and most effective method that we are aware of for resolving traumatic memories. The Immanuel approach to life and the Immanuel approach to emotional healing are perfectly suited for those in ministry, and especially for those in Christian emotional healing ministry. For people in ministry who already have some training and experience with the Immanuel Approach, the intermediate and advanced principles and tools presented in this conference will help you take the next step in increasing your effectiveness.
- Christian mental health professionals. In developing the Immanuel approach, Dr. Lehman and Dr. Wilder have carefully integrated truth from scripture, observations from their combined 60+ years of clinical experience, and brain research regarding trauma, memory, and the neurological pathways for processing painful experiences. The Immanuel approach to emotional healing is also consistent with many of the principles and techniques from the psychotherapies with the most empirical research support, such as cognitive therapy, exposure therapy, and eye movement desensitization and reprocessing (EMDR). Furthermore, in our experience, the Immanuel approach to emotional healing has been the easiest, safest, and most effective method for resolving psychological trauma. For mental health professionals who already have some training and experience with the Immanuel Approach, the intermediate and advanced principles and tools presented in this conference will help you keep moving forward with respect to faith-based psychotherapy work.
- Note that this conference is **not** intended to provide psychotherapy or healing ministry for people in crisis. Dr. Lehman will not be able to provide private consultations, individual ministry, or follow-up after the conference.

#### **More about content:**

- Live demonstration(s): Dr. Lehman will hopefully be able to provide two to three live demonstrations for some of the intermediate-advanced principles and tools to be presented in this conference (depending on time constraints and other variables).

**Pre-conference preparation:** As has been described above, this conference will be addressing *intermediate-advanced* questions and issues. You should only be planning to attend this conference if you already have some training and experience with the Immanuel Approach. Everyone attending this conference should have a copy of *The Immanuel Approach: For Emotional Healing and for Life*. Dr. Lehman will be referring to it constantly, and strongly recommends that people attending this conference read through to at least chapter 5 before the conference. The more pre-conference preparatory reading you are able to do, the more you will get out of the conference. The (very challenging) ideal is to come to the conference already familiar with the contents of *Outsmarting Yourself* and *The Immanuel Approach: For Emotional Healing and for Life*.

Also, if you have particular questions that you would like Dr. Lehman to address, please write them out and send them to Dr. Lehman at [drkarl@kclehman.com](mailto:drkarl@kclehman.com), or give them to the conference team when you check in on Friday. This will enable Dr. Lehman to customize the

conference to most strategically address the questions/issues that are most important to the individuals attending this particular event.

### **Tentative Schedule:**

Friday 9/14

8:00-8:30 registration

8:30-10:00 Session 1

**10:00-10:30 break**

10:30-12:00 Session 2

**12:00-1:00 lunch on campus (included in registration)**

1:00-3:00 Session 3 (Live demonstration)

**3:00-3:30 break**

3:30-4:30 Session 4

4:30-4:45 **short break**

4:45-6:00 Session 5

**6:00-7:30 (local restaurants)**

7:30-8:30 Session 6

Saturday 9/15 morning, early afternoon:

8:30-10:30 Session 7 (Live demonstration)

**10:30-11:00 break**

11:00-12:00 Session 8

**Lunch and snacks:** Friday lunch and snacks will be provided.

### **Web cam? Recordings?:**

People have asked whether they can view the conference via web-cam, and/or whether they can get recordings from the conference. The bad news is that we will not be live-streaming or recording this conference (among other things, the unpredictable, personal content of the live demonstrations and live group exercises preclude live-streaming and make recording very complicated). **The good news** is that:

- much of the teaching content is available from the book, *The Immanuel Approach: For Emotional Healing and for Life*, and at Dr. Lehman's IA website, [www.immanuelapproach.com](http://www.immanuelapproach.com)
- Video recordings for a wide variety of live session demonstrations are available in both full length and condensed versions (see the *training videos* page of the website)

### **Please help us promote the conference:**

We would appreciate it if you can help us get the word out by sharing this information with anyone you think might be interested.