

Quietness and Confidence

For thus says the Lord GOD, the Holy One of Israel: "In returning and rest you shall be saved; In quietness and confidence shall be your strength." But you would not. Isaiah 30:15

Letting God lead takes quietness and confidence. Coaches need internal quiet in order to listen to the Holy Spirit to know where Immanuel is going. Discerning the genuine vs. the counterfeit and contaminated also takes quietness and confidence. Coaches need internal quiet in order to listen to the Holy Spirit to know the True Lord Jesus. These are two of the reasons we pray in the opening prayer, "I ask for special grace during this time, please hold all of my unresolved issues so they won't get in the way." The more a coach receives Immanuel intimacy and healing, the more of that quietness and confidence is acquired. So keep receiving as well of providing Immanuel regularly.

Studies included in this article are: Quietness; Quiet; Silence; Confidence; Assurance; Psalm of Quietness and Confidence

For more information on this topic, please see: "Rest"

Quietness

1 Chronicles 22:9 Behold, a son shall be born to you, who shall be a man of rest; and I will give him rest from all his enemies all around. His name shall be Solomon, for I will give peace and [quietness](#) to Israel in his days.

Job 20:20 Because he knows no [quietness](#) in his heart, He will not save anything he desires.

Job 34:29 When He gives [quietness](#), who then can make trouble? And when He hides *His* face, who then can see Him, Whether *it is* against a nation or a man alone? —

Proverbs 17:1 Better *is* a dry morsel with [quietness](#), Than a house full of feasting *with* strife.

Ecclesiastes 4:6 Better a handful *with* [quietness](#) Than both hands full, *together with* toil and grasping for the wind.

Isaiah 30:15 For thus says the Lord GOD, the Holy One of Israel: "In returning and rest you shall be saved; In [quietness](#) and confidence shall be your strength." But you would not.

Isaiah 32:17 The work of righteousness will be peace, And the effect of righteousness, [quietness](#) and assurance forever.

2 Thessalonians 3:12 Now those who are such we command and exhort through our Lord Jesus Christ that they work in [quietness](#) and eat their own bread.

Quiet

Judges 8:28 Thus Midian was subdued before the children of Israel, so that they lifted their heads no more. And the country was [quiet](#) for forty years in the days of Gideon.

Judges 16:2 *When* the Gazites *were told*, "Samson has come here!" they surrounded *the place* and lay in wait for him all night at the gate of the city. They were [quiet](#) all night, saying, "In the morning, when it is daylight, we will kill him."

Judges 18:7 So the five men departed and went to Laish. They saw the people who *were* there, how they dwelt safely, in the manner of the Sidonians, [quiet](#) and secure. *There were* no rulers in the land who might put *them* to shame for anything. They *were* far from the Sidonians, and they had no ties with anyone.

Judges 18:19 And they said to him, "Be [quiet](#), put your hand over your mouth, and come with us; be a father and a priest to us. *Is it* better for you to be a priest to the household of one man, or that you be a priest to a tribe and a family in Israel?"

Judges 18:27 So they took *the things* Micah had made, and the priest who had belonged to him, and went to Laish, to a people [quiet](#) and secure; and they struck them with the edge of the sword and burned the city with fire.

1 Samuel 15:16 Then Samuel said to Saul, "Be [quiet!](#) And I will tell you what the LORD said to me last night." And he said to him, "Speak on."

2 Kings 11:20 So all the people of the land rejoiced; and the city was [quiet](#), for they had slain Athaliah with the sword *in* the king's house.

1 Chronicles 4:40 And they found rich, good pasture, and the land *was* broad, [quiet](#), and peaceful; for some Hamites formerly lived there.

2 Chronicles 14:1 So Abijah rested with his fathers, and they buried him in the City of David. Then Asa his son reigned in his place. In his days the land was [quiet](#) for ten years.

2 Chronicles 14:5 He also removed the high places and the incense altars from all the cities of Judah, and the kingdom was [quiet](#) under him.

2 Chronicles 20:30 Then the realm of Jehoshaphat was [quiet](#), for his God gave him rest all around.

2 Chronicles 23:21 So all the people of the land rejoiced; and the city was [quiet](#), for they had slain Athaliah with the sword.

Job 3:13 For now I would have lain still and been [quiet](#), I would have been asleep; Then I would have been at rest.

Job 3:26 I am not at ease, nor am I [quiet](#); I have no rest, for trouble comes.

Psalms 35:20 For they do not speak peace, But they devise deceitful matters Against *the* [quiet](#) ones in the land.

Psalms 107:30 Then they are glad because they are [quiet](#); So He guides them to their desired haven.

Isaiah 7:4 And say to him: ‘Take heed, and be [quiet](#); do not fear or be fainthearted for these two stubs of smoking firebrands, for the fierce anger of Rezin and Syria, and the son of Remaliah.’

Isaiah 14:7 The whole earth is at rest *and* [quiet](#); They break forth into singing.

Isaiah 32:18 My people will dwell in a peaceful habitation, In secure dwellings, and in [quiet](#) resting places,

Isaiah 33:20 Look upon Zion, the city of our appointed feasts; Your eyes will see Jerusalem, a [quiet](#) home, A tabernacle *that* will not be taken down; Not one of its stakes will ever be removed, Nor will any of its cords be broken.

Jeremiah 30:10 Therefore do not fear, O My servant Jacob,’ says the LORD, ‘Nor be dismayed, O Israel; For behold, I will save you from afar, And your seed from the land of their captivity. Jacob shall return, have rest and be [quiet](#), And no one shall make *him* afraid.

Jeremiah 47:6 O you sword of the LORD, How long until you are [quiet](#)? Put yourself up into your scabbard, Rest and be still!

Jeremiah 47:7 How can it be [quiet](#), Seeing the LORD has given it a charge Against Ashkelon and against the seashore? There He has appointed it.

Jeremiah 49:23 Against Damascus. Hamath and Arpad are shamed, For they have heard bad news. They are fainthearted; *There is* trouble on the sea; It cannot be [quiet](#).

Ezekiel 16:42 So I will lay to rest My fury toward you, and My jealousy shall depart from you. I will be [quiet](#), and be angry no more.

Zephaniah 3:17 The LORD your God in your midst, The Mighty One, will save; He will rejoice over you with gladness, He will [quiet](#) *you* with His love, He will rejoice over you with singing.

Matthew 20:31 Then the multitude warned them that they should be [quiet](#); but they cried out all the more, saying, "Have mercy on us, O Lord, Son of David!"

Mark 1:25 But Jesus rebuked him, saying, "Be [quiet](#), and come out of him!"

Mark 10:48 Then many warned him to be [quiet](#); but he cried out all the more, "Son of David, have mercy on me!"

Luke 4:35 But Jesus rebuked him, saying, "Be [quiet](#), and come out of him!" And when the demon had thrown him in *their* midst, it came out of him and did not hurt him.

Luke 9:36 When the voice had ceased, Jesus was found alone. But they kept [quiet](#), and told no one in those days any of the things they had seen.

Luke 18:39 Then those who went before warned him that he should be [quiet](#); but he cried out all the more, "Son of David, have mercy on me!"

Acts 19:36 Therefore, since these things cannot be denied, you ought to be [quiet](#) and do nothing rashly.

1 Thessalonians 4:11 That you also aspire to lead a [quiet](#) life, to mind your own business, and to work with your own hands, as we commanded you.

1 Timothy 2:2 For kings and all who are in authority, that we may lead a [quiet](#) and peaceable life in all godliness and reverence.

1 Peter 3:4 Rather *let it be* the hidden person of the heart, with the incorruptible *beauty* of a gentle and [quiet](#) spirit, which is very precious in the sight of God.

Silence

Judges 3:19 But he himself turned back from the stone images that *were* at Gilgal, and said, "I have a secret message for you, O king." He said, "Keep [silence](#)!" And all who attended him went out from him.

Job 4:16 It stood still, But I could not discern its appearance. A form *was* before my eyes; *There was* [silence](#); Then I heard a voice *saying*.

Job 29:21 *Men* listened to me and waited, And kept [silence](#) for my counsel.

Job 31:34 Because I feared the great multitude, And dreaded the contempt of families, So that I kept [silence](#) *And* did not go out of the door—

Psalms 8:2 Out of the mouth of babes and nursing infants You have ordained strength, Because of Your enemies, That You may [silence](#) the enemy and the avenger.

Psalms 31:18 Let the lying lips be put to [silence](#), Which speak insolent things proudly and contemptuously against the righteous.

Psalms 35:22 *This* You have seen, O LORD; Do not keep [silence](#). O Lord, do not be far from me.

Psalms 39:2 I was mute with [silence](#), I held my peace *even* from good; And my sorrow was stirred up.

Psalms 94:17 Unless the LORD *had been* my help, My soul would soon have settled in [silence](#).

Psalms 115:17 The dead do not praise the LORD, Nor any who go down into [silence](#).

Ecclesiastes 3:7 A time to tear, And a time to sew; A time to keep [silence](#), And a time to speak;

Isaiah 41:1 Keep [silence](#) before Me, O coastlands, And let the people renew *their* strength! Let them come near, then let them speak; Let us come near together for judgment.

Isaiah 47:5 Sit in [silence](#), and go into darkness, O daughter of the Chaldeans; For you shall no longer be called The Lady of Kingdoms.

Isaiah 65:6 Behold, *it is* written before Me: I will not keep [silence](#), but will repay—Even repay into their bosom—

Jeremiah 8:14 Why do we sit still? Assemble yourselves, And let us enter the fortified cities, And let us be silent there. For the LORD our God has put us to [silence](#) And given us water of gall to drink, Because we have sinned against the LORD.

Lamentations 2:10 The elders of the daughter of Zion Sit on the ground *and* keep [silence](#); They throw dust on their heads And gird themselves with sackcloth. The virgins of Jerusalem Bow their heads to the ground.

Ezekiel 24:17 Sigh in silence, make no mourning for the dead; bind your turban on your head, and put your sandals on your feet; do not cover *your* lips, and do not eat man's bread *of sorrow*.

Amos 8:3 "And the songs of the temple Shall be wailing in that day," Says the Lord GOD—"Many dead bodies everywhere, They shall be thrown out in silence."

Habakkuk 2:20 But the LORD is in His holy temple. Let all the earth keep silence before Him.

Acts 21:40 So when he had given him permission, Paul stood on the stairs and motioned with his hand to the people. And when there was a great silence, he spoke to *them* in the Hebrew language, saying.

1 Timothy 2:11 Let a woman learn in silence with all submission.

1 Timothy 2:12 And I do not permit a woman to teach or to have authority over a man, but to be in silence.

1 Peter 2:15 For this is the will of God, that by doing good you may put to silence the ignorance of foolish men—

Revelation 8:1 When He opened the seventh seal, there was silence in heaven for about half an hour.

Confidence

Judges 9:26 Now Gaal the son of Ebed came with his brothers and went over to Shechem; and the men of Shechem put their confidence in him.

2 Kings 18:19 Then *the* Rabshakeh said to them, Say now to Hezekiah, "Thus says the great king, the king of Assyria: "What confidence *is* this in which you trust?"

Job 4:6 *Is* not your reverence your confidence? And the integrity of your ways your hope?

Job 8:14 Whose confidence shall be cut off, And whose trust *is* a spider's web.

Job 31:24 If I have made gold my hope, Or said to fine gold, '*You are my confidence*'.

Psalms 65:5 *By* awesome deeds in righteousness You will answer us, O God of our salvation, *You who are the confidence* of all the ends of the earth, And of the far-off seas.

Psalms 118:8 *It is* better to trust in the LORD Than to put confidence in man.

Psalms 118:9 *It is* better to trust in the LORD Than to put confidence in princes.

Proverbs 3:26 For the LORD will be your confidence, And will keep your foot from being caught.

Proverbs 14:26 In the fear of the LORD *there is* strong confidence, And His children will have a place of refuge.

Proverbs 25:19 Confidence in an unfaithful *man* in time of trouble *is like* a bad tooth and a foot out of joint.

Isaiah 30:15 For thus says the Lord GOD, the Holy One of Israel: "In returning and rest you shall be saved; In quietness and confidence shall be your strength." But you would not.

Isaiah 36:4 Then *the* Rabshakeh said to them, "Say now to Hezekiah, "Thus says the great king, the king of Assyria: "What confidence is this in which you trust?"

Jeremiah 48:13 Moab shall be ashamed of Chemosh, As the house of Israel was ashamed of Bethel, their confidence.

Ezekiel 29:16 No longer shall it be the confidence of the house of Israel, but will remind them of *their* iniquity when they turned to follow them. Then they shall know that I *am* the Lord GOD.

Micah 7:5 Do not trust in a friend; Do not put your confidence in a companion; Guard the doors of your mouth From her who lies in your bosom.

Acts 28:31 Preaching the kingdom of God and teaching the things which concern the Lord Jesus Christ with all confidence, no one forbidding him.

2 Corinthians 1:15 And in this confidence I intended to come to you before, that you might have a second benefit—

2 Corinthians 2:3 And I wrote this very thing to you, lest, when I came, I should have sorrow over those from whom I ought to have joy, having confidence in you all that my joy is *the joy* of you all.

2 Corinthians 7:16 Therefore I rejoice that I have confidence in you in everything.

2 Corinthians 8:22 And we have sent with them our brother whom we have often proved diligent in many things, but now much more diligent, because of the great confidence which *we have* in you.

2 Corinthians 10:2 But I beg *you* that when I am present I may not be bold with that confidence by which I intend to be bold against some, who think of us as if we walked according to the flesh.

2 Corinthians 11:17 What I speak, I speak not according to the Lord, but as it were, foolishly, in this confidence of boasting.

Galatians 5:10 I have confidence in you, in the Lord, that you will have no other mind; but he who troubles you shall bear his judgment, whoever he is.

Ephesians 3:12 In whom we have boldness and access with confidence through faith in Him.

Philippians 3:3 For we are the circumcision, who worship God in the Spirit, rejoice in Christ Jesus, and have no confidence in the flesh.

Philippians 3:4 Though I also might have confidence in the flesh. If anyone else thinks he may have confidence in the flesh, I more so.

2 Thessalonians 3:4 And we have confidence in the Lord concerning you, both that you do and will do the things we command you.

Philemon 1:21 Having confidence in your obedience, I write to you, knowing that you will do even more than I say.

Hebrews 3:6 But Christ as a Son over His own house, whose house we are if we hold fast the [confidence](#) and the rejoicing of the hope firm to the end.

Hebrews 3:14 For we have become partakers of Christ if we hold the beginning of our [confidence](#) steadfast to the end.

Hebrews 10:35 Therefore do not cast away your [confidence](#), which has great reward.

1 John 2:28 And now, little children, abide in Him, that when He appears, we may have [confidence](#) and not be ashamed before Him at His coming.

1 John 3:21 Beloved, if our heart does not condemn us, we have [confidence](#) toward God.

1 John 5:14 Now this is the [confidence](#) that we have in Him, that if we ask anything according to His will, He hears us.

Assurance

Deuteronomy 28:66 "Your life shall hang in doubt before you; you shall fear day and night, and have no [assurance](#) of life.

Isaiah 32:17 The work of righteousness will be peace, And the effect of righteousness, quietness and [assurance](#) forever.

Acts 17:31 Because He has appointed a day on which He will judge the world in righteousness by the Man whom He has ordained. He has given [assurance](#) of this to all by raising Him from the dead.

Colossians 2:2 That their hearts may be encouraged, being knit together in love, and *attaining* to all riches of the full [assurance](#) of understanding, to the knowledge of the mystery of God, both of the Father and of Christ.

1 Thessalonians 1:5 For our gospel did not come to you in word only, but also in power, and in the Holy Spirit and in much [assurance](#), as you know what kind of men we were among you for your sake.

Hebrews 6:11 And we desire that each one of you show the same diligence to the full [assurance](#) of hope until the end.

Hebrews 10:22 Let us draw near with a true heart in full [assurance](#) of faith, having our hearts sprinkled from an evil conscience and our bodies washed with pure water.

Psalm of Quietness and Confidence

A Song of Ascents. Of David.
LORD, my heart is not haughty,
Nor my eyes lofty.
Neither do I concern myself with great matters,
Nor with things too profound for me.
Surely I have calmed and quieted my soul,
Like a weaned child with his mother;
Like a weaned child *is* my soul within me.
O Israel, hope in the LORD From this time forth and forever.
Psalms 131:1-3

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