

# Look and See

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*Lift up your eyes on high, and see who has created these things, Who brings out their host by number; He calls them all by name, By the greatness of His might And the strength of His power; Not one is missing. Isaiah 40:26*

*Throughout Scripture, seeing in the Spirit is often described as “lifting one’s eyes and looking.” It’s purposeful, intentional looking. In Immanuel we look intentionally to find where Jesus is now. He certainly can appear spontaneously, but often, we need to look and behold. We remember that He promised never to leave us. We can easily locate Him in memories and in the present with us and interact with Him.*

Studies included in this article are: “Lifted his eyes and looked, and behold”; God has given His Spirit so we can see, hear, perceive (experience) in the Spirit; Some choose not to see; Illustrations of Intentional Looking Into The Spirit.

## Lifted his eyes and looked, and behold... (34 instances)

### **Abraham:**

So he **lifted his eyes and looked, and behold**, three men were standing by him; and when he saw *them*, he ran from the tent door to meet them, and bowed himself to the ground. Genesis 18:2

Then Abraham **lifted his eyes and looked**, and there behind *him was* a ram caught in a thicket by its horns. So Abraham went and took the ram, and offered it up for a burnt offering instead of his son. Genesis 22:13

### **Jacob:**

And it happened, at the time when the flocks conceived, that I **lifted my eyes and saw** in a dream, and behold, the rams which leaped upon the flocks *were* streaked, speckled, and gray-spotted. Genesis 31:10

### **Balaam:**

And Balaam **raised his eyes, and saw** Israel encamped according to their tribes; and the Spirit of God came upon him. Then he took up his oracle and said: "The utterance of Balaam the son of Beor, The utterance of **the man whose eyes are opened**, The utterance of **him who hears the words of God, Who sees the vision of the Almighty**, Who falls down, **with eyes wide open**: Numbers 24:2-4

So he took up his oracle and said: "The utterance of Balaam the son of Beor, And the utterance of **the man whose eyes are opened**; The utterance of **him who hears the words of God**, And has **the knowledge of the Most High, Who sees the vision of the Almighty**, *Who* falls down, **with eyes wide open**: Numbers 24:15-16

### **Joshua:**

And it came to pass, when Joshua was by Jericho, that he lifted **his eyes and looked, and behold**, a Man stood opposite him with His sword drawn in His hand. And Joshua went to Him and said to Him, "*Are You* for us or for our adversaries? Joshua 5:13

### **David:**

Then David lifted **his eyes and saw** the angel of the LORD standing between earth and heaven, having in his hand a drawn sword stretched out over Jerusalem. So David and the elders, clothed in sackcloth, fell on their faces. 1 Chronicles 21:16

**Isaiah:**

Lift up your eyes on high, and see who has created these *things*, Who brings out their host by number; He calls them all by name, By the greatness of His might And the strength of *His* power; Not one is missing. Isaiah 40:26

Lift up your eyes, look around and see; All these gather together *and* come to you. *As* I live," says the LORD, "You shall surely clothe yourselves with them all as an ornament, And bind them *on you* as a bride *does*. Isaiah 49:18

**Ezekiel:**

Then He said to me, "Son of man, lift your eyes now toward the north." So I lifted my eyes toward the north, and there, north of the altar gate, was this image of jealousy in the entrance. Ezekiel 8:5

And the man said to me, "Son of man, look with your eyes and hear with your ears, and fix your mind on everything I show you; for you *were* brought here so that I might show *them* to you. Declare to the house of Israel everything you see. Ezekiel 40:4

And the LORD said to me, "Son of man, mark well, see with your eyes and hear with your ears, all that I say to you concerning all the ordinances of the house of the LORD and all its laws. Mark well who may enter the house and all who go out from the sanctuary. Ezekiel 44:5

**Jeremiah:**

Moreover the word of the LORD came to me, saying, "Jeremiah, what do you see?" And I said, "I see a branch of an almond tree. Jeremiah 1:11

And the word of the LORD came to me the second time, saying, "What do you see?" And I said, "I see a boiling pot, and it is facing away from the north. Jeremiah 1:13

Then the LORD said to me, "What do you see, Jeremiah?" And I said, "Figs, the good figs, very good; and the bad, very bad, which cannot be eaten, they are so bad. Jeremiah 24:3

**Daniel:**

Then I lifted my eyes and saw, and there, standing beside the river, was a ram which had two horns, and the two horns *were* high; but one *was* higher than the other, and the higher *one* came up last. Daniel 8:3

I lifted my eyes and looked, and behold, a certain man clothed in linen, whose waist *was* girded with gold of Uphaz! Daniel 10:5

**Amos:**

And the LORD said to me, "Amos, what do you see?" And I said, "A plumb line." Then the Lord said: "Behold, I am setting a plumb line In the midst of My people Israel; I will not pass by them anymore. Amos 7:8

And He said, "Amos, what do you see?" So I said, "A basket of summer fruit." Then the LORD said to me: "The end has come upon My people Israel; I will not pass by them anymore. Amos 8:2

**Zechariah:**

Then I raised my eyes and looked, and there *were* four horns. Zechariah 1:18

Then I raised my eyes and looked, and behold, a man with a measuring line in his hand. Zechariah 2:1

And he said to me, "What do you see?" So I said, "I am looking, and there *is* a lampstand of solid gold with a bowl on top of it, and on the *stand* seven lamps with seven pipes to the seven lamps. Zechariah 4:2

Then I turned and **raised my eyes, and saw** there a flying scroll. Zechariah 5:1

Then the angel who talked with me came out and said to me, "**Lift your eyes now, and see** what this *is* that goes forth." Zechariah 5:5

Then I **raised my eyes and looked**, and there *were* two women, coming with the wind in their wings; for they had wings like the wings of a stork, and they lifted up the basket between earth and heaven. Zechariah 5:9

Then I turned and raised **my eyes and looked, and behold**, four chariots *were* coming from between two mountains, and the mountains *were* mountains of bronze. Zechariah 6:1

**Peter, James, John:**

**When they had lifted up their eyes**, they saw no one but Jesus only. Matthew 17:8

**Rich Man:**

And being in torments in Hades, **he lifted up his eyes and saw** Abraham afar off, and Lazarus in his bosom. Luke 16:23

**The Disciples:**

Do you not say, "There are still four months and *then* comes the harvest"? Behold, I say to you, **lift up your eyes and look** at the fields, for they are already white for harvest! John 4:35

**John:**

Then I **turned to see** the voice that spoke with me. And **having turned I saw** seven golden lampstands, Revelation 1:12

After these things **I looked, and behold**, a door *standing* open in heaven. And the first voice which I heard *was* like a trumpet speaking with me, saying, "Come up here, and I will show you things which must take place after this. Revelation 4:1

And **I looked, and behold**, in the midst of the throne and of the four living creatures, and in the midst of the elders, stood a Lamb as though it had been slain, having seven horns and seven eyes, which are the seven Spirits of God sent out into all the earth. Revelation 5:6

After these things **I looked, and behold**, a great multitude which no one could number, of all nations, tribes, peoples, and tongues, standing before the throne and before the Lamb, clothed with white robes, with palm branches in their hands, Revelation 7:9

Then I **looked, and behold**, a Lamb standing on Mount Zion, and with Him one hundred *and* forty-four thousand, having His Father's name written on their foreheads. Revelation 14:1

After these things I **looked, and behold**, the temple of the tabernacle of the testimony in heaven was opened. Revelation 15:5

**God has given His Spirit so we can see, hear, perceive (experience) in the Spirit.**

And it shall come to pass in the last days, says God, That I will pour out of My Spirit on all flesh; Your sons and your daughters shall prophesy, Your young men shall see visions, Your old men shall dream dreams. Acts 2:17

For now we see in a mirror, dimly, but then face to face. Now I know in part, but then I shall know just as I also am known. 1 Corinthians 13:12

But as it is written: "Eye has not seen, nor ear heard, Nor have entered into the heart of man The things which God has prepared for those who love Him. But God has revealed them to us through His Spirit. For the Spirit searches all things, yes, the deep things of God. For what man knows the things of a man except the spirit of the man which is in him? Even so no one knows the things of God except the Spirit of God. 1 Corinthians 2:9-11

But we all, with unveiled face, beholding as in a mirror the glory of the Lord, are being transformed into the same image from glory to glory, just as by the Spirit of the Lord. 2 Corinthians 3:18

That the God of our Lord Jesus Christ, the Father of glory, may give to you the spirit of wisdom and revelation in the knowledge of Him, the eyes of your understanding being enlightened; that you may know what is the hope of His calling, what are the riches of the glory of His inheritance in the saints. Ephesians 1:17-18

**Some choose not to see.** *Some choose not to experience the kingdom of God. Some neglect the Gift of God.*

Yet the LORD has not given you **a heart to perceive and eyes to see and ears to hear**, to this *very* day. Deuteronomy 29:4

They **have mouths, but they do not speak; Eyes they have, but they do not see;** Psalm 115:5

They **have mouths, but they do not speak; Eyes they have, but they do not see;** Psalm 135:16

Make **the heart of this people dull, And their ears heavy, And shut their eyes; Lest they see with their eyes, And hear with their ears, And understand with their heart, And return and be healed.** Isaiah 6:10

Pause and wonder! **Blind yourselves and be blind!** They are drunk, but not with wine; They stagger, but not with intoxicating drink. Isaiah 29:9

Bring **out the blind people who have eyes, And the deaf who have ears.** Isaiah 43:8

They do not know nor understand; For **He has shut their eyes, so that they cannot see, And their hearts, so that they cannot understand.** Isaiah 44:18

We grope for the wall like the blind, And **we grope as if we had no eyes;** We stumble at noonday as at twilight; *We are* as dead *men* in desolate places. Isaiah 59:10

Son of man, you dwell in the midst of a rebellious house, which has **eyes to see but does not see, and ears to hear but does not hear;** for they *are* a rebellious house. Ezekiel 12:2

Therefore I speak to them in parables, because **seeing they do not see, and hearing they do not hear, nor do they understand.** Matthew 13:13

**For the hearts of this people have grown dull. Their ears are hard of hearing, And their eyes they have closed, Lest they should see with *their* eyes and hear with *their* ears, Lest they should understand with *their* hearts and turn, So that I should heal them.** Matthew 13:15

Saying, "If you had known, even you, especially in this your day, the things *that make* for your peace! But now they are **hidden from your eyes**. Luke 19:42

**He has blinded their eyes and hardened their hearts, Lest they should see with *their* eyes, Lest they should understand with *their* hearts and turn, So that I should heal them.** John 12:40

Saying, 'Go to this people and say: "Hearing you will hear, and shall not understand; And **seeing you will see, and not perceive; For the hearts of this people have grown dull. Their ears are hard of hearing, And their eyes they have closed, Lest they should see with *their* eyes and hear with *their* ears, Lest they should understand with *their* hearts and turn, So that I should heal them.** Acts 28:26-27

Just as it is written: "God has given them a spirit of stupor, **Eyes that they should not see And ears that they should not hear,** To this very day. Romans 11:8

**Let their eyes be darkened, so that they do not see,** and bow down their back always. Romans 11:10

Because you say, 'I am rich, have become wealthy, and have need of nothing' —and do not know that you are wretched, miserable, poor, **blind**, and naked—I counsel you to buy from Me gold refined in the fire, that you may be rich; and white garments, that you may be clothed, *that* the shame of your nakedness may not be revealed; and **anoint your eyes with eye salve, that you may see.** Revelation 3:17-18

## **Illustrations of Intentional Looking Into The Spirit**

### **Moses**

And the Angel of the LORD appeared to him in a flame of fire from the midst of a bush. So he looked, and behold, the bush was burning with fire, but the bush was not consumed. Then Moses said, "I will now turn aside and see this great sight, why the bush does not burn." So when the LORD saw that he turned aside to look, God called to him from the midst of the bush and said, "Moses, Moses!" And he said, "Here I am." Exodus 3:2-4

### **Elisha's servant**

And Elisha prayed, and said, "LORD, I pray, open his eyes that he may see." Then the LORD opened the eyes of the young man, and **he saw. And behold**, the mountain was full of horses and chariots of fire all around Elisha. 2 Kings 6:17

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