

Hungry, Thirsty and Weary

They shall neither hunger anymore nor thirst anymore; the sun shall not strike them, nor any heat; for the Lamb who is in the midst of the throne will shepherd them and lead them to living fountains of waters. And God will wipe away every tear from their eyes. Revelation 7:16-17

While hungry, thirsty, and weary immediately and most often are related to our bodily needs, these Scriptures speak to the needs of our souls as well. With God at a distance, we become aware of our destitution. Immanuel is our bread, drink, rest. He is the source of our lives. John 6:53 says "Then Jesus said to them, "Most assuredly, I say to you, unless you eat the flesh of the Son of Man and drink His blood, you have no life in you." Jesus is talking about salvation here and also sanctification. Walking with Him feeds our hungry souls, quenches our thirsty souls and energizes our weary souls. Regular Immanuel sessions bring me into stronger and more intimate connection with Him.

Studies included in this article are: Hunger; Hungry; Thirst; Thirsty; Weary; Wearied

For more information on this topic, please see: "Rest"; "Restoration"

Hunger

Deuteronomy 8:3 So He humbled you, allowed you to [hunger](#), and fed you with manna which you did not know nor did your fathers know, that He might make you know that man shall not live by bread alone; but man lives by every *word* that proceeds from the mouth of the LORD.

Nehemiah 9:15 You gave them bread from heaven for their [hunger](#), And brought them water out of the rock for their thirst, And told them to go in to possess the land Which You had sworn to give them.

Psalms 34:10 The young lions lack and suffer [hunger](#); But those who seek the LORD shall not lack any good *thing*.

Isaiah 49:10 They shall neither [hunger](#) nor thirst, Neither heat nor sun shall strike them; For He who has mercy on them will lead them, Even by the springs of water He will guide them.

Ezekiel 34:29 I will raise up for them a garden of renown, and they shall no longer be consumed with [hunger](#) in the land, nor bear the shame of the Gentiles anymore.

Matthew 5:6 Blessed *are* those who [hunger](#) and thirst for righteousness, For they shall be filled.

Luke 6:21 Blessed *are you* who [hunger](#) now, For you shall be filled. Blessed *are you* who weep now, For you shall laugh.

John 6:35 And Jesus said to them, "I am the bread of life. He who comes to Me shall never [hunger](#), and he who believes in Me shall never thirst."

Revelation 7:16 They shall neither hunger anymore nor thirst anymore; the sun shall not strike them, nor any heat.

Hungry

Psalms 107:5 Hungry and thirsty, Their soul fainted in them.

Psalms 107:9 For He satisfies the longing soul, And fills the hungry soul with goodness.

Psalms 107:36 There He makes the hungry dwell, That they may establish a city for a dwelling place.

Psalms 146:7 Who executes justice for the oppressed, Who gives food to the hungry. The LORD gives freedom to the prisoners.

Proverbs 27:7 A satisfied soul loathes the honeycomb, But to a hungry soul every bitter thing *is* sweet.

Isaiah 29:8 It shall even be as when a hungry man dreams, And look—he eats; But he awakes, and his soul is still empty; Or as when a thirsty man dreams, And look—he drinks; But he awakes, and indeed *he is* faint, And his soul still craves: So the multitude of all the nations shall be, Who fight against Mount Zion."

Isaiah 32:6 For the foolish person will speak foolishness, And his heart will work iniquity: To practice ungodliness, To utter error against the LORD, To keep the hungry unsatisfied, And he will cause the drink of the thirsty to fail.

Isaiah 58:10 *If* you extend your soul to the hungry And satisfy the afflicted soul, Then your light shall dawn in the darkness, And your darkness shall *be* as the noonday.

Isaiah 65:13 Therefore thus says the Lord GOD: "Behold, My servants shall eat, But you shall be hungry; Behold, My servants shall drink, But you shall be thirsty; Behold, My servants shall rejoice, But you shall be ashamed."

Luke 1:53 He has filled *the* hungry with good things, And *the* rich He has sent away empty.

Thirst

Nehemiah 9:15 You gave them bread from heaven for their hunger, And brought them water out of the rock for their thirst, And told them to go in to possess the land Which You had sworn to give them.

Isaiah 41:17 "The poor and needy seek water, but *there is* none, Their tongues fail for thirst. I, the LORD, will hear them; *I*, the God of Israel, will not forsake them.

Isaiah 48:21 And they did not thirst When He led them through the deserts; He caused the waters to flow from the rock for them; He also split the rock, and the waters gushed out.

Isaiah 49:10 They shall neither hunger nor thirst, Neither heat nor sun shall strike them; For He who has mercy on them will lead them, Even by the springs of water He will guide them.

Amos 8:11 "Behold, the days are coming," says the Lord GOD, "That I will send a famine on the land, Not a famine of bread, Nor a thirst for water, But of hearing the words of the LORD."

Amos 8:13 In that day the fair virgins And strong young men Shall faint from [thirst](#).
Matthew 5:6 Blessed *are* those who hunger and [thirst](#) for righteousness, For they shall be filled.

John 4:13-15 Jesus answered and said to her, "Whoever drinks of this water will [thirst](#) again, but whoever drinks of the water that I shall give him will never [thirst](#). But the water that I shall give him will become in him a fountain of water springing up into everlasting life. The woman said to Him, "Sir, give me this water, that I may not [thirst](#), nor come here to draw."

John 6:35 And Jesus said to them, "I am the bread of life. He who comes to Me shall never hunger, and he who believes in Me shall never [thirst](#)."

Revelation 7:16-17 They shall neither hunger anymore nor thirst anymore; the sun shall not strike them, nor any heat; for the Lamb who is in the midst of the throne will shepherd them and lead them to living fountains of waters. And God will wipe away every tear from their eyes.

Thirsty

Deuteronomy 8:15 Who led you through that great and terrible wilderness, *in which were* fiery serpents and scorpions and [thirsty](#) land where there was no water; who brought water for you out of the flinty rock.

Psalms 63:1 A Psalm of David when he was in the wilderness of Judah. O God, You *are* my God; Early will I seek You; My soul thirsts for You; My flesh longs for You In a dry and [thirsty](#) land Where there is no water.

Psalms 107:5 Hungry and [thirsty](#), Their soul fainted in them.

Psalms 143:6 I spread out my hands to You; My soul *longs* for You like a [thirsty](#) land. Selah

Isaiah 21:14 O inhabitants of the land of Tema, Bring water to him who is [thirsty](#); With their bread they met him who fled.

Isaiah 29:8 It shall even be as when a hungry man dreams, And look—he eats; But he awakes, and his soul is still empty; Or as when a [thirsty](#) man dreams, And look—he drinks; But he awakes, and indeed *he is* faint, And his soul still craves: So the multitude of all the nations shall be, Who fight against Mount Zion."

Isaiah 32:6 For the foolish person will speak foolishness, And his heart will work iniquity: To practice ungodliness, To utter error against the LORD, To keep the hungry unsatisfied, And he will cause the drink of the [thirsty](#) to fail.

Isaiah 35:7 The parched ground shall become a pool, And the [thirsty](#) land springs of water; In the habitation of jackals, where each lay, *There shall be* grass with reeds and rushes.

Isaiah 44:3 For I will pour water on him who is [thirsty](#), And floods on the dry ground; I will pour My Spirit on your descendants, And My blessing on your offspring;

Isaiah 65:13 Therefore thus says the Lord GOD: "Behold, My servants shall eat, But you shall be hungry; Behold, My servants shall drink, But you shall be [thirsty](#); Behold, My servants shall rejoice, But you shall be ashamed.

Ezekiel 19:13 And now she [Israel] *is* planted in the wilderness, In a dry and [thirsty](#) land.

Weary

Genesis 27:46 And Rebekah said to Isaac, "I am [weary](#) of my life because of the daughters of Heth; if Jacob takes a wife of the daughters of Heth, like these *who are* the daughters of the land, what good will my life be to me?"

2 Samuel 17:29b The people are hungry and [weary](#) and thirsty in the wilderness.

Psalms 6:6 I am [weary](#) with my groaning; All night I make my bed swim; I drench my couch with my tears.

Psalms 69:3 I am [weary](#) with my crying; My throat is dry; My eyes fail while I wait for my God.

Proverbs 25:17 Seldom set foot in your neighbor's house, Lest he become [weary](#) of you and hate you.

Proverbs 25:25 *As* cold water to a [weary](#) soul, So *is* good news from a far country.

Isaiah 7:13 Then he said, "Hear now, O house of David! *Is it* a small thing for you to [weary](#) men, but will you [weary](#) my God also?"

Isaiah 16:12 And it shall come to pass, When it is seen that Moab is [weary](#) on the high place, That he will come to his sanctuary to pray; But he will not prevail.

Isaiah 28:12 To whom He said, "This *is* the rest *with which* You may cause the [weary](#) to rest," And, "This *is* the refreshing"; Yet they would not hear.

Isaiah 40:28 Have you not known? Have you not heard? The everlasting God, the LORD, The Creator of the ends of the earth, Neither faints nor is [weary](#). His understanding is unsearchable.

Isaiah 40:30-31 Even the youths shall faint and be [weary](#), And the young men shall utterly fall, But those who wait on the LORD Shall renew *their* strength; They shall mount up with wings like eagles, They shall run and not be [weary](#), They shall walk and not faint.

Isaiah 43:22 But you have not called upon Me, O Jacob; And you have been [weary](#) of Me, O Israel.

Isaiah 50:4 The Lord GOD has given Me The tongue of the learned, That I should know how to speak A word in season to *him who is* [weary](#). He awakens Me morning by morning, He awakens My ear To hear as the learned.

Jeremiah 4:31 For I have heard a voice as of a woman in labor, The anguish as of her who brings forth her first child, The voice of the daughter of Zion bewailing herself; She spreads her hands, *saying*, 'Woe *is* me now, for my soul is [weary](#) Because of murderers!'

Jeremiah 6:11 Therefore I am full of the fury of the LORD. I am [weary](#) of holding *it* in. "I will pour it out on the children outside, And on the assembly of young men together; For even the husband shall be taken with the wife, The aged with *him who is* full of days.

Jeremiah 9:5 Everyone will deceive his neighbor, And will not speak the truth; They have taught their tongue to speak lies; They [weary](#) themselves to commit iniquity.

Jeremiah 20:9 Then I said, "I will not make mention of Him, Nor speak anymore in His name." But *His word* was in my heart like a burning fire Shut up in my bones; I was weary of holding *it* back, And I could not.

Jeremiah 31:25 For I have satiated the weary soul, and I have replenished every sorrowful soul.

Jeremiah 51:64 Then you shall say, 'Thus Babylon shall sink and not rise from the catastrophe that I will bring upon her. And they shall be weary.' Thus far *are* the words of Jeremiah.

Ezekiel 24:12 She has grown weary with lies, And her great scum has not gone from her. *Let* her scum *be* in the fire!

Matthew 9:36 But when He saw the multitudes, He was moved with compassion for them, because they were weary and scattered, like sheep having no shepherd.

Galatians 6:9 And let us not grow weary while doing good, for in due season we shall reap if we do not lose heart.

2 Thessalonians 3:13 But *as for* you, brethren, do not grow weary *in* doing good.

Hebrews 12:3 For consider Him who endured such hostility from sinners against Himself, lest you become weary and discouraged in your souls.

Revelation 2:3 And you have persevered and have patience, and have labored for My name's sake and have not become weary.

Wearied

Isaiah 43:23 You have not brought Me the sheep for your burnt offerings, Nor have you honored Me with your sacrifices. I have not caused you to serve with grain offerings, Nor wearied you with incense.

Isaiah 47:13 You are wearied in the multitude of your counsels; Let now the astrologers, the stargazers, *And* the monthly prognosticators Stand up and save you From what shall come upon you.

Isaiah 57:10 You are wearied in the length of your way; *Yet* you did not say, 'There is no hope.' You have found the life of your hand; Therefore you were not grieved.

Micah 6:3 O My people, what have I done to you? And how have I wearied you? Testify against Me.

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