

# Attunement

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*In all their affliction He was afflicted, And the Angel of His Presence saved them; In His love and in His pity He redeemed them; And He bore them and carried them All the days of old. Isaiah 63:9*

*Rejoice with those who rejoice, and **weep** with those who **weep**. Romans 12:15*

*According to Dr. Karl Lehman, Attunement is an especially important form of interpersonal emotional connection in which the Receiver feels seen, heard, understood, joined, and cared about. Perfect attunement is when the Receiver feels all these things and that the attuner is glad to with them. It is more than simple acceptance, agreement, empathy, sympathy, active listening or reflective listening. It goes beyond seeing, hearing, understanding and even caring. It is joining or being with the other person in his circle. When the Receiver receives attunement, their Relational Circuits come on and the upset (Anger; Fear; Sadness; Shame; Disgust; Hopeless Despair) turns to righteousness, peace and joy. Misattunement, on the other hand, is when we miss that mark. The Receiver will feel not seen, heard, understood, joined, and cared about. He will not have his relational circuits turned on. He will not feel righteousness, peace and joy. Instead, he will feel any combination of anger, frustration and isolation. He will continue to try to explain and defend or he will give up without satisfaction. Biblical examples of attunement include person to person, God to people, Jesus to individuals, and individuals to God.*

Studies in this article are: Attunement Word Pictures; Attunement Close Synonyms; God Feels With Us; Examples of God Attuning in the Old Testament; Father God Attunes to the Prodigal Son; Attunement in the Book of Job; Misattunement in the Book of Job; Attunement Is God's Answer in the Book of Job; Jesus Attunes While on the Earth; Jesus Attunes After His Resurrection; Jesus Attunes After His Ascension; Attunement To Jesus While He was on the Earth; Misattunement To Jesus While On Earth; Attunement Illustration; Affliction; Oppression; He Bore

For additional information on this topic, please see: "Agreement and Attunement": "Full of Compassion"; "Joy! Joy! Joy!"; "Shame"; "Emotional God: Jesus"

## Attunement Word Pictures

Orchestra tunes to First Violin in the key of A

Piano tuner tunes with tuning forks until the piano is in perfect pitch

## Attunement Close Synonyms

On the same wave length

Synchronized

In tune vs off key

On the same page

The feeling of “You get me”

Being in the Receiver’s circle

In your shoes

## God Feels With Us

Isaiah 42:14 I have held My peace a long time, I have been still and restrained Myself. *Now* I will cry like a woman in labor, I will pant and gasp at once.

Isaiah 53:4 Surely He has borne our griefs And **carried** our sorrows; Yet we esteemed Him stricken, Smitten by God, and afflicted.

Isaiah 63:9 In all their affliction He was afflicted, And the Angel of His Presence saved them; In His love and in His pity He redeemed them; And He bore them and **carried** them All the days of old.

Jeremiah 8:21 For the hurt of the daughter of my people I am hurt. I am mourning; Astonishment has taken hold of me.

Jeremiah 48:31, 36 Therefore I will wail for Moab, And I will cry out for all Moab; I will mourn for the men of Kir Heres...Therefore My heart shall wail like flutes for Moab, And like flutes My heart shall wail For the men of Kir Heres. Therefore the riches they have acquired have perished.

## Examples of God Attuning in the Old Testament

### Hebrew Children:

Exodus 3:7 And the LORD said: "I have surely seen the **oppression** of My people who *are* in Egypt, and have heard their cry because of their taskmasters, for I know their sorrows. Acts 7:34 I have surely seen the **oppression** of my people who are in Egypt; I have heard their groaning and have come down to deliver them. And now come, I will send you to Egypt.

### Israelites:

2 Kings 14:26-27 For the LORD saw *that* the **affliction** of Israel *was* very bitter; and whether bond or free, there was no helper for Israel. And the LORD did not say that He would blot out the name of Israel from under heaven; but He saved them by the hand of Jeroboam the son of Joash.

### Hagar:

Genesis 16:13 Then she called the name of the LORD who spoke to her, You–Are–the–**God–Who–Sees**; for she said, "Have I also here seen Him who sees me?"

## Father God Attunes to the Prodigal Son

*This attuning father takes on the shame of his son and is truly with him in spite of what the social mores of the day, the social conscience, the community, the servants and his older son think. This parable is a picture of Father God and us.*

Luke 15:20-24 And he arose and came to his father. But when he was still a great way off, his father saw him and had compassion, and ran and fell on his neck and kissed him. "And the son said to him, 'Father, I have sinned against heaven and in your sight, and am no longer worthy to be called your son.' "But the father said to his servants, 'Bring out the best robe and put *it* on him, and put a ring on his hand and sandals on *his* feet. 'And bring the fatted calf here and kill *it*, and let us eat and be merry; 'for this my son was dead and is alive again; he was lost and is found.' And they began to be merry."

## Attunement in the Book of Job

*At first, Job's friends attune to him. They are in the circle with him. They are silent. They have nothing to say in the face of Job's overwhelming tragedy. They are just with him. They feel overwhelmed with him. In their silence, they acknowledge that this string of tragedies is impossible to understand or handle. They feel what he feels.*

Job 2:11-13 Now when Job's three friends heard of all this adversity that had come upon him, each one came from his own place—Eliphaz the Temanite, Bildad the Shuhite, and Zophar the Naamathite. For they had made an appointment together to come and mourn with him, and to comfort him. And when they raised their eyes from afar, and did not recognize him, they lifted their voices and wept; and each one tore his robe and sprinkled dust on his head toward heaven. So they sat down with him on the ground seven days and seven nights, and no one spoke a word to him, for they saw that *his* grief was very great.

## Misattunement in the Book of Job

*Job's friends soon are not able to stay attuned with Job in his emotional state because they do not have enough emotional capacity to remain with him in his circle. They step out of the circle and begin to accuse, explain, judge, correct, instruct, threaten and theologize—generally try to fix Job and his situation. Their discussion is found in Job 3-37. Job is not helped by their "helping" him. He responds with anger, trying to defend himself.*

Job 13:4-5 But you forgers of lies, You *are* all worthless physicians. Oh, that you would be silent, And it would be your wisdom!

Job 16:1-5 Then Job answered and said: "I have heard many such things; Miserable comforters *are* you all! Shall words of wind have an end? Or what provokes you that you answer? I also could speak as you *do*, If your soul were in my soul's place. I could heap up words against you, And shake my head at you; *But* I would strengthen you with my mouth, And the comfort of my lips would relieve *your* grief."

Job 19:1-4 Then Job answered and said: "How long will you torment my soul, And break me in pieces with words? These ten times you have reproached me; You are not ashamed that you have wronged me. And if indeed I have erred, My error remains with me."

*Job's wife is another misattuner. In her pain at losing everything including her children and watching her husband cope with a terrible disease, she encourages him to give up and die. She also does not have the emotional capacity to remain with him in his emotional state.*

Job 2:9 Then his wife said to him, "Do you still hold fast to your integrity? Curse God and die!"

## **Attunement is God's Answer in the Book of Job**

*Job 38:1-42:6 God does not attune like we might think He would. Instead, God brings Job in tune with Him. He distracts Job. Job can't think of anyone or anything else but God. Gd shows Himself and His greatness. Job responds:*

Job 42:5 "I have heard of You by the hearing of the ear, But now my eye sees You."

*In Immanuel sessions, Immanuel will attune to the Receiver and then bring the Receiver into His circle and all of a sudden, the Receiver can only think of how great God is. The Receiver experiences God for who He really is. The Receiver's relational circuits come on. The Receiver reports perfect peace and satisfaction-- righteousness, peace and joy in the Holy Spirit.*

## **Jesus Attunes While On the Earth**

### Woman Caught in Adultery:

John 8:3-11 Then the scribes and Pharisees brought to Him a woman caught in adultery. And when they had set her in the midst, they said to Him, "Teacher, this woman was caught in adultery, in the very act. "Now Moses, in the law, commanded us that such should be stoned. But what do You say?" This they said, testing Him, that they might have *something* of which to accuse Him. But Jesus stooped down and wrote on the ground with *His* finger, as though He did not hear. So when they continued asking Him, He raised Himself up and said to them, "He who is without sin among you, let him throw a stone at her first." And again He stooped down and wrote on the ground. Then those who heard *it*, being convicted by *their* conscience, went out one by one, beginning with the oldest *even* to the last. And Jesus was left alone, and the woman standing in the midst. When Jesus had raised Himself up and saw no one but the woman, He said to her, "Woman, where are those accusers of yours? Has no one condemned you?" She said, "No one, Lord." And Jesus said to her, "Neither do I condemn you; go and sin no more."

### Woman Sinner at Simon the Pharisee's Banquet:

Luke 7:36-50 Then one of the Pharisees asked Him to eat with him. And He went to the Pharisee's house, and sat down to eat. And behold, a woman in the city who was a sinner, when she knew that *Jesus* sat at the table in the Pharisee's house, brought an alabaster flask of fragrant oil, and stood at His feet behind *Him* weeping; and she began to wash His feet with her tears, and wiped *them* with the hair of her head; and she kissed His feet and anointed *them* with the fragrant oil. Now when the Pharisee who had invited Him saw *this*, he spoke to himself, saying, "This man, if He were a prophet, would know who and what manner of woman *this is* who is touching Him, for she is a sinner." And Jesus answered and said to him, "Simon, I have something to say to you." So he said, "Teacher, say it." "There was a certain creditor who

had two debtors. One owed five hundred denarii, and the other fifty. "And when they had nothing with which to repay, he freely forgave them both. Tell Me, therefore, which of them will love him more?" Simon answered and said, "I suppose the *one* whom he forgave more." And He said to him, "You have rightly judged." Then He turned to the woman and said to Simon, "Do you see this woman? I entered your house; you gave Me no water for My feet, but she has washed My feet with her tears and wiped *them* with the hair of her head. You gave Me no kiss, but this woman has not ceased to kiss My feet since the time I came in. "You did not anoint My head with oil, but this woman has anointed My feet with fragrant oil. Therefore I say to you, her sins, which are many, are forgiven, for she loved much. But to whom little is forgiven, *the same* loves little." Then He said to her, "Your sins are forgiven." And those who sat at the table with Him began to say to themselves, "Who is this who even forgives sins?" Then He said to the woman, "Your faith has saved you. Go in peace."

## Jesus Attunes After His Resurrection

### Peter's Friendship Love:

John 21:15-17 So when they had eaten breakfast, Jesus said to Simon Peter, "Simon, *son* of Jonah, do you love [agape] Me more than these?" He said to Him, "Yes, Lord; You know that I love [friendship] You." He said to him, "Feed My lambs." He said to him again a second time, "Simon, *son* of Jonah, do you love [agape] Me?" He said to Him, "Yes, Lord; You know that I love [friendship] You." He said to him, "Tend My sheep." He said to him the third time, "Simon, *son* of Jonah, do you love Me?" Peter was grieved because He said to him the third time, "Do you love [friendship] Me?" And he said to Him, "Lord, You know all things; You know that I love [friendship] You." Jesus said to him, "Feed My sheep."

### Disciples' Unbelief:

John 20:20 When He had said this, He showed them *His hands* and *His side*. Then the disciples were glad when they saw the Lord.

### Thomas's Unbelief:

John 20:25-27 The other disciples therefore said to him, "We have seen the Lord." So he said to them, "Unless I see in *His hands* the print of the nails, and put my finger into the print of the nails, and put my hand into *His side*, I will not believe. And after eight days His disciples were again inside, and Thomas with them. Jesus came, the doors being shut, and stood in the midst, and said, "Peace to you!" Then He said to Thomas, "Reach your finger here, and look at *My hands*; and reach your hand *here*, and put *it* into *My side*. Do not be unbelieving, but believing."

## Jesus Attunes After His Ascension

### Stephen's Martyrdom:

Acts 7:54-60 When they heard these things they were cut to the heart, and they gnashed at him with *their* teeth. But he, being full of the Holy Spirit, gazed into heaven and saw the glory of God, and Jesus standing at the right hand of God, and said, "Look! I see the heavens opened and the Son of Man standing at the right hand of God!" Then they cried out with a loud voice, stopped their ears, and ran at

him with one accord; and they cast *him* out of the city and stoned *him*. And the witnesses laid down their clothes at the feet of a young man named Saul. And they stoned Stephen as he was calling on *God* and saying, "Lord Jesus, receive my spirit." Then he knelt down and cried out with a loud voice, "Lord, do not charge them with this sin." And when he had said this, he fell asleep.

#### Paul on Trial Alone:

2 Tim 4:16-18 At my first defense no one stood with me, but all forsook me. May it not be charged against them. But the Lord stood with me and strengthened me, so that the message might be preached fully through me, and *that* all the Gentiles might hear. And I was delivered out of the mouth of the lion. And the Lord will deliver me from every evil work and preserve *me* for His heavenly kingdom. To Him *be* glory forever and ever. Amen!

### **Attunement To Jesus While He was on the Earth**

#### Mary of Bethany:

Mark 14:3-9 And being in Bethany at the house of Simon the leper, as He sat at the table, a woman came having an alabaster flask of very costly oil of spikenard. Then she [Mary] broke the flask and poured *it* on His head. But there were some who were indignant among themselves, and said, "Why was this fragrant oil wasted? For it might have been sold for more than three hundred denarii and given to the poor." And they criticized her sharply. But Jesus said, "Let her alone. Why do you trouble her? She has done a good work for Me. "For you have the poor with you always, and whenever you wish you may do them good; but Me you do not have always. "She has done what she could. She has come beforehand to anoint My body for burial. "Assuredly, I say to you, wherever this gospel is preached in the whole world, what this woman has done will also be told as a memorial to her."

John 12:1-8 Then, six days before the Passover, Jesus came to Bethany, where Lazarus was who had been dead, whom He had raised from the dead. There they made Him a supper; and Martha served, but Lazarus was one of those who sat at the table with Him. Then Mary took a pound of very costly oil of spikenard, anointed the feet of Jesus, and wiped His feet with her hair. And the house was filled with the fragrance of the oil. Then one of His disciples, Judas Iscariot, Simon's *son*, who would betray Him, said, "Why was this fragrant oil not sold for three hundred denarii and given to the poor?" This he said, not that he cared for the poor, but because he was a thief, and had the money box; and he used to take what was put in it. But Jesus said, "Let her alone; she has kept this for the day of My burial. "For the poor you have with you always, but Me you do not have always."

### **Misattunement To Jesus While On Earth**

#### Peter, James and John in Gethsemane:

Matthew 26:36-45 Then Jesus came with them to a place called Gethsemane, and said to the disciples, "Sit here while I go and pray over there." And He took with Him Peter and the two sons of Zebedee, and He began to be sorrowful and deeply distressed. Then He said to them, "My soul is exceedingly sorrowful,

even to death. Stay here and watch with Me." He went a little farther and fell on His face, and prayed, saying, "O My Father, if it is possible, let this cup pass from Me; nevertheless, not as I will, but as You *will*." Then He came to the disciples and found them asleep, and said to Peter, "What? Could you not watch with Me one hour? "Watch and pray, lest you enter into temptation. The spirit indeed *is* willing, but the flesh *is* weak." Again, a second time, He went away and prayed, saying, "O My Father, if this cup cannot pass away from Me unless I drink it, Your will be done." And He came and found them asleep again, for their eyes were heavy. So He left them, went away again, and prayed the third time, saying the same words. Then He came to His disciples and said to them, "Are *you* still sleeping and resting? Behold, the hour is at hand, and the Son of Man is being betrayed into the hands of sinners."

Mark 14:32-37 Then they came to a place which was named Gethsemane; and He said to His disciples, "Sit here while I pray." And He took Peter, James, and John with Him, and He began to be troubled and deeply distressed. Then He said to them, "My soul is exceedingly sorrowful, *even* to death. Stay here and watch." He went a little farther, and fell on the ground, and prayed that if it were possible, the hour might pass from Him. And He said, "Abba, Father, all things *are* possible for You. Take this cup away from Me; nevertheless, not what I will, but what You *will*." Then He came and found them sleeping, and said to Peter, "Simon, are you sleeping? Could you not watch one hour?"

## Attunement Illustration

*A little boy drives his scooter over his toys in the driveway and falls off onto the cement. His elbow is bleeding. He runs to his Mommy for her to comfort him and to be with him. Mommy might be unable or unwilling to attune because she is distracted or scared or annoyed with him.*

### 1. She might offering misattunement:

Accuse him: "This is your own fault. Why can't you watch where you are going?"

Explain to him: "It's because you leave your toys out that this happened to you."

Correct him: "Don't drip that blood all over."

Instruct him: "Next time pick up your toys first and go slower and watch where you are going!"

Threaten him: "The next time you do that, I will take all your toys away."

Theologize: "God's not going to help you when you are so wild all the time."

Give Perspective: "Well, it could have been worse. You could have poked your eye out."

Judge him: "Every day I tell you not to leave your toys in the driveway and every day you do that -- You're not obedient."

Fix him: "Stop crying and feel better. It's only a little scrape."

### 2. Or She might offer attunement:

See him: Mommy silently looks at him with sad eyes. "Poor Baby. That looks awful."

Hear him: "It hurts and it's scary too."

Understand him: "Can I hold you until it stops hurting?"

Be with him: "I hate it when I fall down and scrap my elbow. That one of the worst places."

Care for him: Mommy hugs him and wipes the blood off. Takes him inside the house to put on a Band-Aid.

*In attuning with her son, Mom is with her son where he is and attends to him before straightening out the situation. The results are that he will return to joy, his relational circuits will be back on, he will feel peace and satisfaction.*

## **Affliction**

See 14x's; Hear 7x's; Delivered/Heal 9x's; Know (Regard, Remember, Consider) 5x's; Cried out 4x's

**H** Genesis 16:11 And the Angel of the LORD said to her: "Behold, you *are* with child, And you shall bear a son. You shall call his name Ishmael, Because the LORD has **heard** your affliction.

**S** Genesis 29:32 So Leah conceived and bore a son, and she called his name Reuben; for she said, "The LORD has surely **looked on** my affliction. Now therefore, my husband will love me."

**S** Genesis 31:42 Unless the God of my father, the God of Abraham and the Fear of Isaac, had been with me [Jacob], surely now you would have sent me away empty-handed. God has **seen** my affliction and the labor of my hands, and rebuked *you* last night.

**D** Exodus 3:17 And I have said **I will bring you up out** of the affliction of Egypt to the land of the Canaanites and the Hittites and the Amorites and the Perizzites and the Hivites and the Jebusites, to a land flowing with milk and honey.

**S** Exodus 4:31 So the people believed; and when they heard that the LORD had visited the children of Israel and that He had **looked on** their affliction, then they bowed their heads and worshiped.

**HS** Deuteronomy 26:7 Then we cried out to the LORD God of our fathers, and the LORD **heard our voice and looked on** our affliction and our labor and our oppression.

**S** 1 Samuel 1:11 Then she [Hannah] made a vow and said, "O LORD of hosts, if You will indeed **look on** the affliction of Your maidservant and remember me, and not forget Your maidservant, but will give Your maidservant a male child, then I will give him to the LORD all the days of his life, and no razor shall come upon his head."

**S** 2 Samuel 16:12 It may be that the LORD will **look on** my affliction, and that the LORD will repay me with good for his cursing this day.

**S** 2 Kings 14:26 For the LORD **saw** that the affliction of Israel *was* very bitter; and whether bond or free, there was no helper for Israel.

**HD** 2 Chronicles 20:9 If disaster comes upon us—sword, judgment, pestilence, or famine—we will stand before this temple and in Your presence (for Your name *is* in this temple), and **cry out to You** in our affliction, and You will **hear and save**.

**HD** 2 Chronicles 33:12-13 Now when he [Manasseh] was in affliction, he implored the LORD his God, and humbled himself greatly before the God of his fathers and prayed to Him; and **He received his entreaty, heard his supplication**, and brought him back to Jerusalem into his kingdom. Then Manasseh knew that the LORD *was* God.



- S Nehemiah 9:9 You **saw** the [affliction](#) of our fathers in Egypt, And heard their cry by the Red Sea.
- D Job 36:15 He **delivers** the poor in their [affliction](#), And opens their ears in oppression.
- H Psalms 22:24 For He has not despised nor abhorred the [affliction](#) of the afflicted; Nor has He hidden His face from Him; But when He cried to Him, **He heard**.
- S Psalms 25:18 **Look on** my [affliction](#) and my pain, And forgive all my sins.
- S Psalms 44:24 Why do **You hide Your face**, *And* forget our [affliction](#) and our oppression?
- C Psalms 88:9 My eye wastes away because of [affliction](#). LORD, **I have called** daily upon You; I have stretched out my hands to You.
- K Psalms 106:44 Nevertheless He **regarded** their [affliction](#), When He **heard** their cry;
- D Psalms 107:41 Yet **He sets the poor on high, far from** [affliction](#), And makes *their* families like a flock.
- D Psalms 119:50 This *is* **my comfort** in my [affliction](#), For Your word has given me life.
- D Psalms 119:92 Unless **Your law *had been* my delight**, I would then have perished in my [affliction](#).
- K Psalms 119:153 RESH. **Consider** my [affliction](#) and deliver me, For I do not forget Your law.
- K Isaiah 48:10 Behold, I have refined you, but not as silver; I have **tested** you in the furnace of [affliction](#).
- K Isaiah 63:9 **In all their** [affliction](#) **He was afflicted**, And the Angel of His Presence saved them; In His love and in His pity He redeemed them; And He bore them and carried them All the days of old.
- D Jeremiah 15:11 The LORD said: "Surely it will be well with your remnant; **Surely I will cause the enemy to intercede** with you In the time of adversity and in the time of [affliction](#)."
- D Jeremiah 16:19 O LORD, my strength and my fortress, **My refuge** in the day of [affliction](#), The Gentiles shall come to You From the ends of the earth and say, "Surely our fathers have inherited lies, Worthlessness and unprofitable *things*."
- CS Lamentations 1:9 Her uncleanness *is* in her skirts; She did not consider her destiny; Therefore her collapse was awesome; She had no comforter. "O LORD, **behold my** [affliction](#), For *the* enemy is exalted!"
- S Lamentations 3:1 I *am* the man *who* **has seen** [affliction](#) by the rod of His wrath.
- K Lamentations 3:19 **Remember** my [affliction](#) and roaming, The wormwood and the gall.
- CS Hosea 5:15 I will return again to My place Till they acknowledge their offense. Then they will **seek My face**; In their [affliction](#) they will earnestly seek Me."
- S Obadiah 1:13 You should not have entered the gate of My people In the day of their calamity. Indeed, you should not have **gazed on** their [affliction](#) In the day of their calamity, Nor laid *hands* on their substance In the day of their calamity.

**CH** Jonah 2:2 And he said: "I **cried out** to the LORD because of my affliction, And He answered me. "Out of the belly of Sheol I cried, *And* You **heard** my voice.

**He** Mark 5:29 Immediately the fountain of her blood was dried up, and she felt in *her* body that she was **healed of** the affliction.

**He** Mark 5:34 And He said to her, "Daughter, your faith has made you well. Go in peace, and be **healed of** your affliction."

## **Oppression**

See *6x's*; **Hear** *4x's*; **Delivered/Heal** *7x's*; **Know** (Regard, Remember, Consider) *2x's*; **Cried out** *2x's*

**SHD** Exodus 3:7 And the LORD said: "I have surely seen the oppression of My people who *are* in Egypt, and have heard their cry because of their taskmasters, for I know their sorrows.

**HS** Exodus 3:9 Now therefore, behold, the cry of the children of Israel has come to Me, and I have also seen the oppression with which the Egyptians oppress them.

**CHS** Deuteronomy 26:7 "Then we cried out to the LORD God of our fathers, and the LORD heard our voice and looked on our affliction and our labor and our oppression."

**S** 2 Kings 13:4 So Jehoahaz pleaded with the LORD, and the LORD listened to him; for He saw the oppression of Israel, because the king of Syria oppressed them.

**D** Job 36:15 He delivers the poor in their affliction, And opens their ears in oppression.

**DH** Psalms 12:5 "For the oppression of the poor, for the sighing of the needy, Now I will arise," says the LORD; "I will set *him* in the safety for which he yearns."

**K** Psalms 44:24 Why do You hide Your face, *And* forget our affliction and our oppression?

**KD** Psalms 72:14 He will redeem their life from oppression and violence; And precious shall be their blood in His sight.

**D** Psalms 119:134 Redeem me from the oppression of man, That I may keep Your precepts.

**CS** Isaiah 5:7 For the vineyard of the LORD of hosts *is* the house of Israel, And the men of Judah are His pleasant plant. He looked for justice, but behold, oppression; For righteousness, but behold, a cry *for help*.

**D** Isaiah 54:14 In righteousness you shall be established; You shall be far from oppression, for you shall not fear; And from terror, for it shall not come near you.

**S** Acts 7:34 I have surely seen the oppression of my people who are in Egypt; I have heard their groaning and have come down to deliver them. And now come, I will send you to Egypt.

## **TOTALS: Affliction/Oppression**

See *20x's*; **Hear** *11x's*; **Delivered/Heal** *16x's*; **Know** (Regard, Remember, Consider) *7x's*; **Cried out** *6x's*

## **He Bore**

Exodus 19:4 'You have seen what I did to the Egyptians, and *how* I bore you on eagles' wings and brought you to Myself.

Isaiah 53:12 Therefore I will divide Him a portion with the great, And He shall divide the spoil with the strong, Because He poured out His soul unto death, And He was numbered with the transgressors, And He bore the sin of many, And made intercession for the transgressors.

Isaiah 63:9 In all their affliction He was afflicted, And the Angel of His Presence saved them; In His love and in His pity He redeemed them; And He bore them and carried them All the days of old.

Matthew 8:17 that it might be fulfilled which was spoken by Isaiah the prophet, saying: "He Himself took our infirmities And bore our sicknesses."

Hebrews 2:18 For in that He Himself has suffered, being tempted, He is able to aid those who are tempted.

1 Peter 2:24 who Himself bore our sins in His own body on the tree, that we, having died to sins, might live for righteousness—by whose stripes you were healed.

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